

## **DIVING BOARD AND DEEP END RULES**

1. DIVE AND USE THE BOARD AT YOUR OWN RISK.
2. YOUNG CHILDREN MUST BE CLOSELY SUPERVISED AT ALL TIMES BY A RESPONSIBLE ADULT.
3. FLOTATION AIDS, GOGGLES, FINS AND OTHER DEVICES ARE PROHIBITED ON THE DIVING BOARD
4. MOUNT THE BOARD FROM THE LADDER ONLY.
5. ONLY ONE PERSON ON THE BOARD AT A TIME. THOSE WAITING MUST KEEP CLEAR OF THE LADDER.
6. WAIT UNTIL THE PREVIOUS DIVER IS CLEAR BEFORE DIVING.
7. ALL DIVES MUST BE FORWARD FACING. NO FLIPS, CARTWHEELS, HANDSTANDS, OR HANGING OFF THE DIVING BOARD.
8. ONLY ONE BOUNCE IS ALLOWED BEFORE DIVING. NO RUNNING DIVES.
9. NO SWIMMING IN THE DEEP END UNLESS THE DIVING BOARD IS CLOSED.
10. THE DIVING BOARD MAY BE CLOSED TO PERMIT RECREATIONAL SWIMMING IN THE DEEP END AT THE LIFEGUARD'S DISCRETION.